

Monthly Journal of KARNATAKA POSTS AND TELECOMMUNICATIONS PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99) (FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "a Wholly Charitable Trust" U/S. 12A of I.T. Act 1961

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Report on the 29th Meeting of the Standing Committee of Voluntary Agencies (SCOVA) held on 12th January 2017

The 29th Meeting of the Standing Committee of Voluntary Agencies (SCOVA) organized by Government of India, Ministry of Personnel, Public Grievances & Pensions, Department of Pension & Pensioners' Welfare, was held on 12th January, 2017 in Committee Room –A, Vigyan Bhavan Annexe, New Delhi. The meeting was attended by almost all of the Official Representatives and the Non- official Members of SCOVA. Dr. Jitendra Singh, Hon'ble Minister of State, (Personnel, Public Grievances & Pensions) Chairman, SCOVA, presided.

2. Sri C.Viswanath, Secretary, DoP & PW in his opening remarks stated that SCOVA setup in 1986 has been a good forum for interaction with Pensioners' Associations and has been making every endeavour to resolve the issues raised by Pensioners. He said 85 % of the grievances of Pensioners have been disposed

of and about 15 lakh Pensioners have got Digital Life Certificates. About 7th CPC recommendations the Secretary said that pension revision by multiplication of the prerevised pension by 2.57 has been made as per option -2 and on revision of pension as per option-1 recommended by the Pay Commission, the Committee setup to examine the feasibility of implementation of Option-1 has since submitted its report and the Cabinet has to take a decision in the matter. On New Pension System, he said that a separate meeting of the Pensioners' Associations under SCOVA will be called shortly to ascertain their views.

3. Smt. Vandana Sharma, Additional Secretary, Pension, welcoming all those attending the meeting in a cold morning in Delhi, gave details of the pending Revised PPOs and stated that since we are in 7th CPC regime, all the 6th CPC pending cases should be settled expeditiously.

The Official Representative of CPAO said that about 3200 cases are pending mainly because of want of relevant records and CPAO is concerned with the genuineness of the pending cases and therefore have sought the assistance of the Banks to check the genuineness with reference to KYC and DGL. On pending DoT Pensioners' cases, it was informed by DoT that all the subordinate offices have been asked to speed up action to ensure issue of revised PPOs in the remaining cases.

4. Health Insurance Scheme for Pensioners including those residing in Non-CGHS areas

Ministry of Health and Family Welfare informed that EFC memo has been finalised. The Additional Secretary, DoP&PW wanted to know as to when the issue will go to the Cabinet for approval. The Hon'ble Minister remarked that the issue should be finalised before the next SCOVA. MoH&FW explaining the reasons for the delay said that opinion of all the Departments had to be taken before finalisation of the Memo. Sri K B Krishna Rao, Secretary, KP&TPA intervening in the discussions, said that the Association would like to reiterate its earlier request that the Health Insurance Scheme ie.CGEPHIS must be optional for the existing CGHS beneficiaries, especially the Pensioners, since CGHS is the best medicare available for Pensioners. The Official representative, MoH&FW responded by saying that the Health Insurance Scheme will be optional.

5. Extension of CGHS facilities to P&T Pensioners: It was informed that decision of the Government on 7th CPC report to which this issue has been linked is still awaited. Pay Commission had recommended merger of all the remaining postal Dispensaries with CGHS and extension of CGHS to all P&T Pensioners. A report has been sent to the Committee on Allowances. The issue generated a good deal of discussion in which Pensioners' Associations, Secretary & Additional Secretary DoP&PW participated. Secretary DoP&PW

opined that there was no need to refer this issue to the Allowances Committee and the matter should be reviewed.

6. Anomaly in fixation of pay of BSNL employees who retired between 1-10-2000 and 31-7-2001 ie. Within 10 months of formation of BSNL

DoT informed that BSNL has furnished details of financial implications if pension revision is made as per the 2 methods suggested by DoP&PW and IFD(DoT). IFD, DoT has sought some more details to assess the correct financial implication and the number of beneficiaries. BSNL has been requested to furnish the required details and a reply is awaited.

At this stage, K.B. Krishna Rao, Secretary, KP&TPA, mentioned about the judgment dated 16-12-2016 of CAT Principal Bench, Delhi which has allowed the Application of All India BSNL Pensioners' Welfare Association & Others and requested that the Order may be implemented and the Govt must not file a writ petition in the High Court of Delhi since the demand for correction of the anomaly has been pending unresolved for more than 16 years. He also requested that the CAT Order must be made applicable generally to all DoT/BSNL Pensioners who retired within 10 months of formation of BSNL.

Continuing with his submission Sri Rao, drew the attention of DoT to the National Litigation Policy and said that since the numbers of Pensioners that will benefit is only around 4000 + and the expenditure also may not be quite huge, the Order may be implemented without appealing against it in the High Court. The Secretary DoP&PW and the Additional Secretary responded by asking DoT to examine the request and take a decision in the matter.

7. Merger of 78.2% of IDA with basic pension of BSNL Pensioners

DoT informed that the issue has been settled with the issue of the OM dated

18-7-2016. Sri K B Krishna Rao, Secretary, KP&TPA brought it to the notice of DoT that much progress has not been seen in payment of arrears and as per the information available with the Association revision of pension has reportedly been done only in about 15-20 percent of the cases and the time frame of 31-12-2016 fixed for revision has already ended. The Additional Secretary asked the DoT to look into this to ensure expeditious revision.

8. Grade Pay of Rs. 4,600/- instead of Rs. 4,200/- to be taken into consideration for the purpose of computing revised pension of pre-2006 Pensioners who retired in the Pay Scale of Rs. 6,500- 200– 10,500 in terms of para- 4.2 of OM dated 1-9-2008 of DoP & PW

Department of Expenditure was of the view that since the grade pay of Rs.4600 was given subsequently outside the recommendation of 6th CPC; the same is not applicable to those who retired from the pay scale of Rs.6500-200-10500 before 1-1-2006 since the up gradation of the post is post 6th CPC.

DoT informed that the grade pay of Rs.4600 has not so far been given to any pre-2006 pensioner retired from the pay scale of 6500-10500 and the matter is still sub-judice since a contempt petition is pending before CAT Bengaluru.

Pensioners' Associations, including KP&TPA, earnestly requested that, since the Order of CAT, Bengaluru was upheld by the High Court of Karnataka also, grant of grade pay of Rs.4600 to all pre-2006 retirees of grade S-12 must be favourably considered. DoT, in response said that the matter will be considered after disposal of the contempt petition.

9. Stoppage of recovery of wrongful / excess payments from Railway Pensioners

Representative of the Ministry of railways informed that they are ready to agree to the demand and necessary orders will be

issued after getting the approval of Railway Board

10. Delay in commencement of family pension to the spouse on death of Pensioners

CPAO informed that instructions have been reiterated on 2nd June, 2016 to Heads of CPPCs and Government Business Divisions of all Authorised Banks to commence payment of family pension to the spouse within a month of submission of death certificate of the pensioner, after obtaining proof of his/her age/date of birth and undertaking of recovery of excess payment. The matter was also reviewed in the meeting held with banks on 22nd Aug, 2016 and Banks were urged to take necessary steps in this regard to ensure timely payment of family pension in the event of death of pensioners.

Pensioners Associations pointed out that despite repeated instructions in the matter, several complaints of inordinate delay in commencement of family pension have been reported. The Hon'ble Minister advised the Associations to bring specific cases of delay to his notice for speedy settlement of the cases.

Fresh Items of the Agenda

1. Item wise details of payment made to be shown in Pass Books

One of the Pensioners' Association had pointed out that 'breakup' of the amount credited to the SB account of Pensioners is not being indicated in the Pass Books by Banks which makes it difficult for the Pensioners to know the amount of basic pension, DR, additional pension, arrears, FMA etc credited to their account. Even the amount of recovery made towards wrong/over payment is not indicated separately.

CPAO informed that CPPC Guidelines provide for display of the details of calculation of pension & breakup on the computer screen.

A new facility has been recently introduced, wherefrom the Pensioners can obtain the details of their monthly pension, DR, FMA, DR arrears etc from the "Web Responsive Pensioners Services".

2. Life Certificate

It was informed that Digital Life Certificate is an additional facility provided to the Pensioners and they now have three options for submission of Life Certificate. (i) by presenting himself/herself before the Pension Disbursing Authority to record the Life Certificate (ii) by producing the Life Certificate in the prescribed form and (iii) through Aadhaar based Biometric Authentication System. The Secretary DoP&PW observed that since the Country is moving towards digitalisation, Pensioners should opt for Digital Life Certificate.

7th CPC – implementation of Option-1

At the end of discussions on fresh items of the Agenda, Sri K.B.Krishna Rao, Secretary, KP&TPA, requested the Secretary, DoPPW, who was also the Chairman of the Committee constituted to examine the feasibility of implementation of option-1 recommended by the 7th CPC, to apprise the Associations whether option-1 as recommended by the 7th CPC would be implemented. The Secretary said that the Committee has submitted its report to the Govt and the Cabinet has to take decision in the matter. When the Associations sought to know about the nature of the "REPORT" the Secretary remarked that it is "Positive". Pressed further, he said "it is as per your suggestion". From this response of the secretary, it is apparent that the report is about granting of parity in pension as recommended by the 5th CPC extended up to 7th CPC, since in the special meeting convened by the Secretary on 5-10-2016 of SCOVA Members to elicit their views on implementation of option 1, all Pensioners Associations (except K P&T PA) had agreed to the methodology of fixation of pension suggested by of DoP&PW in place of option-1 recommended by the 7th CPC.[*Pensioners' Champion*" Oct 2016 issue carried a write-up on the issue with examples on revision of pension as per the methodology suggested by the Dept. of Pension]

Dr. Jithendra Singh, Hon'ble Minister, in his concluding remarks said that he was glad that most of the Pensioner-Members of SCOVA participated in the discussions which were meaningful and informative. He said that he was glad that the Department of Pension, despite being dependent on several other Central Departments to ensure resolution of grievances of Pensioners, has been doing good work in that direction and has always been sympathetic towards Pensioners. Observing that most of the issues discussed related to Health, the Minister said that the Secretary will hold a separate meeting to resolve those issues. On seeding of Aadhaar number with PPOs and Bank accounts, he said that 88% of the accounts have been linked to Aadhaar. He said that though seeding of Aadhaar is not mandatory Pensioners should make use of that as a facility.

Referring to the improvement in life expectancy over the years, the Minister said that Pensioners' expertise and experience should be made use of in Nation building process by involving them in programmes of the Govt. like "Swatch Bharat Abhiyan", "Sankalp" etc.

The meeting ended after vote of thanks by Smt. Sujasha Choudhury, Director (P) & HOD

Latest on Option-1

Cabinet Secretary, Gol, has informed NJCA leaders on 19-1-2017 that pension issues have already been referred to the Cabinet and the report on Allowances is likely to be submitted by the Committee next month

An APPEAL

Donation to the Building fund of the Association

The Executive Committee of KP&T PA thanks all the Members, Subscribers and Well Wishers who have so far remitted their donation to the building fund of the Association. The 5th list of the Donors is published in this issue of the journal.

Building Sub Committee was constituted in the EC meeting held on 16-1-2017, to plan the commencement & oversee the construction of the proposed



building. The names of the Members of the Committee appear below. KP&TPA earnestly requests other Members and Subscribers, **who are yet to respond** to donate liberally to the building fund and help the Association in its endeavour.

Donation can be made in instalments also. Progressive total of donations made in instalments will be indicted in the list as and when donations are received

Names of those who donate Rs.25,000/- and above will be engraved on granite stone to be embedded in the front wall near the main door of the new building and of those who donate Rs. 10,000 /- and above but less than Rs.25,000/-, on the boards provided in the main hall

We request the Members who have donated less than Rs. 2,000/- please to ensure payment of an additional amount to raise their donation to a minimum of Rs.2,000/-

Our special appeal to Pensioners who got arrears consequent to delinking of 33 years of service for full pension with retrospective effect from 1-1-2006 and BSNL Pensioners whose pension was revised after of merger of 78.2% of IDA: Please donate liberally

Apart from the appeal in the journal, we have sent SMSes to some of our Members urging them to donate to the building fund. We intend writing personal letters to our Members & Subscribers who have not yet responded to our appeal.

Income Tax exemption: In computation of the taxable income, 50% of the amount of donation made to K P&TPA, is eligible for deduction in the Gross total Income of an Individual under Section 80-G of Income Tax ACT. Donation to be remitted by **crossed CTS cheque only** payable to "Karnataka P&T Pensioners' Association".

Cheques may please be sent to: **Sri K.R.Anantha Ramu, Treasurer K P&T PA,** No 1158, 7th Main, 7th Block, HMT Layout, Vidyaranyapura, Bangalore-560097. **(Ph: 080 23642466 Mob: 9448477129)**

Building Sub Committee constituted on 16-1-2017

S/s (1) G.Babu, (2) M. N. Gopinath (3) K. B. Krishna Rao (4) V. Gopal (5) K. R. Anantha Ramu (6) S. M. Vittal Rao (7) A. Kanagamani (8) B. L. Channappa (9) V. Murugan (10) Rangegowda (11) B. S. Ramachandra

Advisors:

(1) H.S. Prabhakar (2) B. Sadashiva Rao (3) N. Bhaskaran (4) M. Ramiah



Donation to the Building Fund - 5th List

SI No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
281	V.M.Muninanja Reddy	294	25222	2452	
282	M.M.Hanji	1286	25001	2496	
283	Dr.lokesh	Well wisher	10100	2450	
284	B.Bhimappa Mali	2399	10008	2485	
285	P.Lakshminarayana Gupta	1367	10000	2443	
286	S.G.Vittal	1849	10000	2492	
287	Syed Abdul Zahir	1390	8000	2444	10000
288	Y.Jagannath	1884	5000	2473	
289	S.V.Sridhara Murthy	1600	5000	2475	
290	A.G.Doraiswamy	32	5000	2500	
291	R.Srinivasa Iyengar	317	3000	2494	
292	K.Sreedharan	1152	3000	2507	
293	Veerakyathaiah	2384	2500	2451	
294	K.Vasudeva Rao	652	2500	2514	
295	P.Ramadeva Holla	2447	2500	2515	
296	V.Murugan	1970	2211	2506	11211
297	D.L.Pushpa	2246	2000	2445	
298	P.Raghavendra Nayak	2160	2000	2448	
299	Bettaiah	1739	2000	2460	
300	K.K.Gangadhara	1717	2000	2462	
301	B.N.Malleshappa	867	2000	2464	
302	M.T.Basappa	1846	2000	2465	
303	V.Chandrappa	1994	2000	2468	
304	G.V.Advani	1225	2000	2469	
305	B.N.Gnanadeva Rao	1986	2000	2470	
306	S.Ethiraj	1306	2000	2471	
307	N.Niranjan Phadke	2237	2000	2474	
308	R.M.Revankar	2124	2000	2476	
309	R.Vaikuntaraju	409	2000	2482	
310	H.N.Somashekara	1310	2000	2487	
311	N.Rajendran	1078	2000	2490	

PENSIONERS' CHAMPION

SI No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
312	K.Venkatesalu	1921	2000	2491	
313	K.Sethumadhavan	1735	2000	2493	
314	M.Panduranga	2219	2000	2495	
315	N.D.Devadiga	1358	2000	2499	
316	V.Nagabhushana Rao	68	2000	2503	
317	S.Mohankumar	2098	2000	2504	
318	Boraiah	2380	2000	2505	
319	V.Murugan	1970	2000	2449	
320	T.Sriranga	535	2000	2513	
321	S.K.Radhakrishna	831	2000	2516	
322	M.Chandrashekaraiah	2135	1101	2477	
323	V.Basavarajaiah	2059	1011	2466	
324	M P Sharma	1449	1000		
325	S.A.S.lyengar	2351	1000	2446	
326	R.Jayaraman	2121	1000	2461	
327	G.Prabhakar	1984	1000	2467	
328	N.Gooli Gowda	2249	1000	2478	
329	N.M.Hegde	1447	1000	2483	
330	K.Sivadass	1265	1000	2497	2000
331	C.K.Krishna Murthy	879	1000	2498	
332	V.Venkataramu	1184	500	2463	
333	K.R.Kambaiah	2360	500	2472	
334	M.Muniswamy	2165	500	2479	
335	H.V.Gururaja	1719	500	2481	

An Appeal to Sister Pensioners' Associations

K P&T PA invites the attention of Sister Pensioners' Associations affiliated to CCCGPA, Karnataka, to the appeal made by K P&T PA in its letters addressed to them in November/ December, 2016 and reiterates its appeal to them to generously donate to the building fund of KP&TPA and support their Sister Pensioners' Association in its endeavour.

CGHS Order Revision of Contribution Revision of rates of subscription under Central Government Health Scheme due to revision of pay and allowances of Central Government employees and revision of pension/ family pension on account of implementation of recommendations of the Seventh Central Pay Commission.

Gol, Ministry of Health and Family Welfare, EHS Section No. S.11011/11/2016 CGHS (P)/EHS Dated the 9th January, 2017

The undersigned is directed to refer to this Ministry's OM No. S.11011/2/2008-CGHS(P) dated 20th May, 2009 vide which orders were issued revising the rates of monthly subscription for availing CGHS facility, as also the entitlement for free diet, entitlement of accommodation in private empanelled hospitals under CGHS, etc.

- 2. Consequent upon revision of pay on the basis of the implementation of the recommendations of the 7th Central Pay Commission, it has been decided to revise the rates of subscriptions, to be made by employee's/ pensioners, for availing benefits under the CGHS, with effect from 1st January, 2017. It has also been decided to revise the monetary ceiling limits for various entitlements of the beneficiaries for availing CGHS facilities.
- 3. In supersession of all earlier instructions, the following revisions are being made, in so far as it relates to the facilities mentioned below:

Revision of CGHS Contribution as per 7th CPC will be effective from 01.02.2017

(A) Monthly Contributions for availing CGHS facility:

SI.No. Corresponding levels in the Pay Matrix as per 7th CPC		Contribution (Rs. Per month)
1.	Level: 1 to 5	250
2.	Level: 6	450
3.	Level: 7 to 11	650
4.	Level 12 & above	1000

(B) Entitlement of wards in Private hospitals empanelled under CGHS:

SI. No.	Corresponding Basic Pay drawn by the officer in 7th CPC per month	Ward entitlement
1.	Up to Rs. 47,600/-	General
2.	Rs. 47,601/- to Rs. 63,100/-	Semi-Private
3.	Rs. 63,101/- and above	Private

CGHS – Eye Specialist

Dr M R Prabhakar, MS (Ophthalmology) has joined CGHS Bangalore. He will be visiting CGHS Koramangala Wellness Centre on Tuesday and Thursday from 9.30 to 13.00 Hrs as Nodal Eye Specialist.

Beneficiaries can also book appointments online at cghsbng. kar.nic.in

PENSIONERS' CHAMPION



JANUARY 2017

CGHS Order
Dependency
Creterion

Revision of Income limit for dependency for the purpose of providing Central Government Health Scheme (CGHS) coverage to family members of the CGHS covered employees subsequent to implementation of recommendation of the Seventh Central Pay Commission

Gol, Ministry of Health and Family Welfare, (CGHS-P Section)
O M No. No. S-11012/2/2016-CGHS-P dated the 8th November, 2016

The undersigned is directed to say that subsequent to the implementation of the recommendations of the 6th CPC, the income limit for dependency for the purpose of extending CGHS coverage to "family" members of the CGHS covered Central Government employees was enhanced to Rs. 3500/-per month plus the amount of dearness relief on the basic pension of Rs. 3500/- as on the date of consideration.

- 2. With the implementation of the recommendations of the 7th Central Pay Commission, the issue of revision of income limit for dependency for the purpose of providing CGHS coverage to family members of the CGHS covered Central Government employees and pensioner CGHS Beneficiaries was under consideration keeping in view the amount of minimum pension/family pension fixed by the 7th Central Pay Commission.
- 3. On the basis of the recommendations of the 7th CPC, the Department of Pension and Pensioners' Welfare under Para 5.2 of their OM No. 38/37/2016-P&PW (A)(i) dated 4/8/2016 has fixed the amount of minimum pension at Rs. 9,000/- per month and under para 7.1 of this OM the amount of family pension has been fixed as 30% of the basic pay In revised Pay Structure and shall be subject to a minimum of Rs. 9,000/- per month and maximum of 30% of the highest pay in the Government. Vide Para 7.3 of the aforesaid O.M, It has been mentioned that there will be no other change in the provisions regulating family pension.

- 4. It has been decided, In consultation with the Department of Expenditure, to revise the income limit for the purpose of providing CGHS coverage to the family members of the CGHS covered Central Government employees to Rs. 9,000/- plus the amount of dearness relief on basic pension of Rs. 9,000/- as on the date of consideration.
- 5. As such, all the orders related to the CGHS Rules stand amended to the extent that the Income limit for Rs. 3500/- per month from all sources including pension/and family pension stands amended to an income of Rs. 9000/- plus amount of the dearness relief on the basic pension of Rs. 9000/- as on the date of consideration. The amount of dearness relief, as indicated in the income limit stands for the amount of dearness relief drawn by a pensioner/ family pensioner on the date of consideration and not the amount of dearness relief due on the date of consideration.
- 6. The Income limit for dependency of "Rs.9000 plus amount of the dearness relief on the basic pension of Rs. 9000/- as on the date of consideration", shall also be applicable for the cases covered under CS(MA) Rules, 1944 for the purpose of examining eligibility of family members of the Central Government employee for medical facilities under the Rules.
- 7. The order shall be effective from the date of Issue of Instructions of this O.M.
- 8. This issues with the concurrence of Department of Expenditure vide their I.D. No.204/E-V/2016 dated 19/10/2016.

(Sunil Kumar Gupta) Under Secretary to the Govt. of India

Names, and Mobile phone numbers of Pensioner-nominees of Coordination Committee of Central Government Pensioners' Associations, Karnataka, for the Advisory/Grievance Committees of CGHS Wellness Centres and Polyclinic in Bengaluru, for the two-year term commencing from January 2017, nominated by CCCGPA, Karnataka

Wellness Centre No. 1, Shivajinagar

1. M .Manicka Raj Mob: 9845575466

2. Pushpa Terasa

Matthew: 9900217462

Wellness Centre No.2, Seshadripuram

 T N C Sridhar Mob 9448031396

2. H R Srinivasan Mob: 9845603440

Wellness Centre No. 3, Basavanagudi

1. Venugopalachar S V Mob:9448943355

2. B N Sathyanarayana Mob: 9980944697

Wellness Centre No. 4, Halasuru

1. V.SureshBabu Mob: 9449117192

2. To be nominated

Wellness Centre No. 5, Vijayanagar

1. G.Sreenivasa Setty Mob: 9900280795

2. S K S Madhu Mob: 9538802817

Wellness Centre No. 6, Jayanagar

1. Ravindranath Tagore Mob: 9448060777

2. N R Anantha Mob: 9481487557

Wellness Centre No. 7, Koramanagala

1. V K Subramanya Murthy Mob: 9448671677

2. N.Kasi

Mob: 9880384737

Wellness Centre No. 8, Domluru

1. H B Gundu Rao Mob: 9845105805

2. M S Gayathri Mob:97410211973

Wellness Centre No.9, Gangenahalli

1. Ravikumar Ponoth Mob:9449536064

2. Sri R.J. Chakrapani Mob:9449405281

Wellness CentreNo.10, C.V.Ramannagar

1. A.Poobalan Mob:9980187187

2. D G Neethibaran Mob: 9448050270

Polyclinic

1. Ashok S Kololgi Mob:9448469351

2. P.Vijaya Raghavan Mob:9243458928

	ALL INDIA CONSUMER PRICE INDEX					
Month	CPI Base 2001=100	12 Months' Total	Monthly Ave.	% increase over 115.76	% increase over 261.42	
				6th CPC	7th CPC	
June 16	277	3228	269.00	132.38	2.90	
Nov 16	277	3286	273.83	136.55	4.75	

ಆರ್.ಎಂ.ಎಸ್ ಮತ್ತು ಎಂ. ಎಂ.ಎಸ್ ನಿವೃತ್ತರ "ಮಧುರ ಮಿಲನ"

ಕೆ.ಕೆ. ಗಂಗಾಧರನ್

ಅರವತ್ತರ ನಂತರ ಅರಳು ಮರಳು ಎನ್ನುತ್ತಾರೆ. ಅರವತ್ತರ ನಂತರ ಮರಳಿ ಅರಳುತ್ತಾರೆ ಎಂಬುದು ಇತ್ತೀಚೆಗಿನ ವ್ಯಾಖ್ಯಾನ.

ವೃತ್ತಿಯಲ್ಲಿದ್ದಾಗ ಆಫೀಸಿನ ಜಂಜಡಗಳಿಂದ ಎಂದು ಪಾರಾಗುತ್ತೇನೋ ಎಂಬ ಚಿಂತೆ. ಅಪರೂಪಕ್ಕೊಮ್ಮೆ ಬರುವ ರಜೆಗಳು ಆಪ್ಯಾಯಮಾನವಾಗಿ ಕಾಣಿಸುತ್ತವೆ. ಆದರೆ ಪ್ರವೃತ್ತಿಯ ನಂತರ ಬರುವ ಶಾಶ್ವತ ರಜೆ ಒಂಟಿತನಕ್ಕೆ ನೂಕಿ ಬಿಡುತ್ತದೆ.

ಆರ್.ಎಂ.ಎಸ್ ಮತ್ತು ಎಂ.ಎಂ.ಎಸ್ನಲ್ಲಿ ನಿವೃತ್ತರಾದವರು ವರ್ಷಕ್ಕೊಮ್ಮೆ ಒಂದೆಡೆ ಸೇರುವ ಮೂಲಕ ವೃದ್ಧಾಪ್ಯದ ಏಕತಾನತೆಗೆ ಉತ್ತರ ಕಂಡುಕೊಳ್ಳುತ್ತಾರೆ. ಈ ಭೇಟಿಗೆ ಒಂದು ಸುಂದರವಾದ ಹೆಸರಿದೆ – ಮಧುರ ಖುಲುವ. ವರ್ಷಾರಂಭದ ಮೊದಲ ಭಾನುವಾರ ಈ ಕುತೂಹಲಕಾರಿ ಆನಂದದಾಯಕ ಮುಹೂರ್ತಕ್ಕೆ ದಿನ ನಿಗದಿ ಮಾಡಿರುತ್ತಾರೆ. ಸುಮಾರು 14 ವರ್ಷಗಳ ಹಿಂದೆ ಈ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ನಾಂದಿ ಹಾಡಿದವರು ಶ್ರೀಯುತರುಗಳಾದ ಎನ್. ಭಾಸ್ಕರನ್, ಬಿ. ಸದಾಶಿವರಾವ್, ಎಂ. ರಾಮಯ್ಯ, ಎಸ್.ಎಂ. ವಿಠಲರಾವ್, ಎಂ.ಎಸ್. ಕೃಷ್ಣಮೂರ್ತಿ ಮುಂತಾದ ಹಿರಿಯರು.

ವರೋಸಹಜ ಕಾರಣಗಳಿಂದ ಬರುವ ಕಾಯಿಲೆಗಳು, ಕಾಡುವ ಏಕಾಂಗಿತನ ನಿವೃತ್ತರನ್ನು ಹಣ್ಣು ಮಾಡಿರುತ್ತವೆ. ಇಂತಹ ಸಂದರ್ಭದಲ್ಲಿ ಹಳೆಯ ಸಹದ್ಯೋಗಿ ಗೆಳೆಯರನ್ನು ಕಂಡಾಗ ಮನಸು ಅರಳುತ್ತದೆ, ವಯಸ್ಸು ಯೌವ್ವನಕ್ಕೆ ಮರಳುತ್ತದೆ. ತಮ್ಮ ತವಕ–ತಲ್ಲಣಗಳನ್ನು, ದುಗುಡ–ದುಮ್ಮಾನಗಳನ್ನು ಸ್ನೇಹಿತರೊಂದಿಗೆ ಹಂಚಿಕೊಂಡಾಗ ಮನಸ್ಸು ಹಗುರಾಗಿ ದೇಹ ಗಾಳಿಯಲ್ಲಿ ತೇಲಾಡಿದಂತಾಗುತ್ತದೆ. ವೃತ್ತಿಯಲ್ಲಿದ್ದಾಗ ಆದ ತಪ್ಪಿಗೆ ಶಿಕ್ಷೆ ಪಡೆದವರು, ಶಿಕ್ಷೆ ಕೊಟ್ಟವರು ಇಲ್ಲಿ ಮುಖಾಮುಖಿಯಾಗುತ್ತಾರೆ. ಅವೆಲ್ಲ ಭಿನ್ನಾಭಿಪ್ರಾಯಗಳನ್ನು ಮರೆವಿನ ಬತ್ತಳಿಕೆಗೆ ತಳ್ಳ ಹೊಸ ವರ್ಷದ ಶುಭಾಶಯಗಳ ಮರೆವಿನ ಬತ್ತಳಿಕೆಗೆ ತಳ್ಳ ಹೊಸ ವರ್ಷದ ಶುಭಾಶಯಗಳ

ವಿನಿಮಯವಾಗುತ್ತದೆ. ಜೊತೆಗೆ ಎಪ್ಪತ್ತು ಎಂಭತ್ತರ ನಿವೃತ್ತರಿಗೆ ಶಾಲು ಹೊದಿಸಿ ಸನ್ಮಾನಿಸಲಾಗುತ್ತದೆ. ತಾವೇ ಹಣ ಹಾಕಿ ಎಲ್ಲರೊಂದಿಗೆ ಕಾಫಿ, ತಿಂಡಿ ಮೆದ್ದು, ಮಧ್ಯಾಹ್ನದ ಭೋಜನವನ್ನು ಸವಿದು ಮುಂದಿನ ವರ್ಷದ ಜನವರಿಯ ಮೊದಲ ಭಾನುವಾರದಂದು ತಾನು ಬರುತ್ತೇನೆಂಬ ಭರವಸೆಯೊಂದಿಗೆ ಮನೆಗೆ ಮರಳುತ್ತಾರೆ.

ಈ ವರ್ಷ ಅಂದರೆ 2017ರ ಜನವರಿಯ ಮೊದಲ ದಿನಾಂಕದಂದೇ ಆರ್.ಎಂ.ಎಸ್ ಮತ್ತು ಎಂ.ಎಂ.ಎಸ್ನ ನಿವೃತ್ತರ ಮಧರು ಮಿಲನ ಕಾರ್ಯಕ್ರಮ ಎಂದಿನಂತೆ ಆರ್. ಎಂ.ಎಸ್. ಕಾಲೋನಿಯ ರಘೋತ್ತಮನ್ ಸ್ಮಾರಕ ಭವನದಲ್ಲಿ ನಡೆಯಿತು. ಹಿರಿಯರಾದ ಎಸ್.ಎಂ. ವಿಠಲರಾವ್ರವರು ಅಧ್ಯಕ್ಷತೆ ವಹಿಸಿದ್ದರು. ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಆರ್.ಎಂ.ಎಸ್.ನಲ್ಲಿ ಕೆಲ ಕಾಲ ಕಾರ್ಯ ನಿರ್ವಹಿಸಿ ಬೇರೆ ಕ್ಷೇತ್ರಗಳಲ್ಲಿ ಖ್ಯಾತರಾದ ಎ. ಚಂದ್ರಶೇಖರ್ ಐ.ಎ.ಎಸ್. ಮತ್ತು ಸಿರಿಮನೆ ನಾಗರಾಜ್ ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿದ್ದರು. ಕುಮಾರಿ ನಿಧಿ ಕಿಶೋರ್ ಹೆಗಡೆಯವರ ಪ್ರಾರ್ಥನೆ ಕಾರ್ಯಕ್ರಮದ ಆರಂಭಕ್ಕೆ ಸೊಗಸು ನೀಡಿತು. ಇಲಾಖೆಯಿಂದ ನಿವೃತ್ತರಾಗಿ ನಿಧನರಾದ ಮತ್ತು ದೇಶದ ಗಣ್ಯರ ನಿಧನದ ಸ್ಮರಣಾರ್ಥ ಎರಡು ನಿಮಿಷಗಳ ಮೌನವನ್ನು ಆಚರಿಸಲಾಯಿತು. ಎಚ್.ವಿ. ರಾಮನಾಥರವರ ಸ್ವಾಗತ ಭಾಷಣದ ನಂತರ 70 ಮತ್ತು 80ರ ಹರೆಯದವರೊಂದಿಗೆ ಮುಖ್ಯ ಅತಿಥಿಗಳು ದೀಪಹಚ್ಚಿ ಕಾರ್ಯಕ್ರಮದ ಉದ್ಘಾಟನೆಯನ್ನು ನೆರವೇರಿಸಿದರು. ಮಧುರ ಮಿಲನದ ಸಂಚಾಲಕ ಕೆ.ಕೆ.ಜಿ.ಯವರು ಅತಿಥಿಗಳ ಪರಿಚಯ ಮಾಡಿದರು.

ಮುಖ್ಯ ಅತಿಥಿಗಳಾದ ಎ. ಚಂದ್ರಶೇಖರ್ ಮತ್ತು ಸಿರಿಮನೆ ನಾಗರಾಜ್ ರವರು ತಾವು ಆರ್.ಎಂ.ಎಸ್ ನಲ್ಲಿ ಕಳೆದ ಸವಿನೆನಪುಗಳನ್ನು ನೆನಪು ಮಾಡಿಕೊಂಡರು. 70ರ ಹರೆಯದ ಎನ್. ಶಿವಶಂಕರ್, ಎಸ್. ಯತಿರಾಜು, ಜಿ.ವಿ. ಲಕ್ಷ್ಮಿನಾರಾಯಣ, ಟಿ.ಎಸ್. ರಾಜಶೇಖರಯ್ಯ,

ಕಾಳಪ್ಪ ದೇವೀರ, ಕೆ.ವಿಠೋಬರಾವ್ ಮತ್ತು ಗೋವಿಂದ ಹಾಗೂ 80ರ ಹರೆಯದ ಆರ್.ಜಯರಾಮನ್ ಮತ್ತು ವೀರಭದ್ರಯ್ಯರವರನ್ನು ಸನ್ಮಾನಿಸಲಾಯಿತು

ಮಂಡ್ಯದಿಂದ ಆಗಮಿಸಿದ್ದ ಕೆ.ಜಿ. ದೇವದಾಸ್, ಎಚ್.ವಿ. ರಾಮನಾಥ, ಚಿ.ಎಸ್. ರಾಜಶೇಖರಯ್ಯ, ಕೆ.ಎಸ್. ಗೌರಾಂಬಿಕೆ ಮತ್ತು ಪೆನ್ಷನರ್ಸ್ಗ್ ಅಸೋಸಿಯೇಷನ್ನ ಕಾರ್ಯದರ್ಶಿ ಕೆ.ಬಿ. ಕೃಷ್ಣರಾವ್ ಅವರು ಸಭೆಯನ್ನುದ್ದೇಶಿಸಿ ಮಾತನಾಡಿದರು.

ಡಿ. ವೆಂಕಟೇಶಲುರವರ ವಂದನಾರ್ಪಣೆ ಯೊಂದಿಗೆ ಸಭೆ ಮುಕ್ತಾಯಗೊಂಡಿತು. ಯುವ ಆರ್.ಎಂ.ಎಸ್. ತಂಡದವರು ನಿರ್ಮಿಸಿ, ನಿರ್ದೇಶಿಸಿ, ನಟಿಸಿದ 'ಗುರೂ..ಜಿ' ಕಿರುಚಿತ್ರದ ಪ್ರದರ್ಶನವೂ ಎಲ್ಲರ ಮೆಚ್ಚುಗೆಗೆ ಪಾತ್ರವಾಯಿತು.

ಲಘು ಉಪಾಹಾರದೊಂದಿಗೆ 14ನೇಯ ವರ್ಷದ ಮಧುರ ಮಿಲನ ಕಾರ್ಯಕ್ರಮ ಕೊನೆಗೊಂಡಿತು.

Newly Enrolled Members

Name (Smt./Sri)	Designation & Office in which last worked	Type & No.	
1 T.V.Ramamurthi	LSG Postal Assistant, Thanjavur Head Post Office	LM	2467
2 R.Satish	Chief Mail Agent, Bangalore City TMO	LM	2468
3 N.T.Srinivasa Reddy	LSG Supervisor, National Speed Post Hub, Bangalore	LM	2469
4 K.H.Jagadeesha	LSG Supervisor, Bangalore City RMS, Bangalore	LM	2470
5 M.R.Hari	Sorting Assistant, Bangalore City RMS, Bangalore	LM	2471
6 T.V.Ramachandra	LSG Sorting Assistant, Bangalore City RMS, Bangalore	LM	2472
7 K.M.Chowdhary	HSG I Sorting Assistant, Bangalore City RMS, Bangalore	LM	2473
8 Krishnaiah	Director of Training, Apex Hi-Tech Institute, Ministry of Labour, Bg.	ALM	2474
9 Dr.T.K.Gundu Rao	Principal Research Scientist, RSIC, IIT, Powai, Mumbai	ALM	2475
10 M.Keshava Murthy	Junior Accounts Officer, O/o DA(P), GPO Building, Bangalore	LM	2476

LM: Life Member ALM: Associate Life Member

Note: List of Dignostic Centres, Eye Hospitals & Dental Clinics will be published in the next issues of the Journal

Hospitas, Dignostic Centres & Eye Hospitals De-empanelled w.e.f.21-11-2016 (Removed from List)

- Narayana Super Speciality Hospitals, #24,9th Cross, Margosa Road, Malleswaram, Bengalure-560003
- 2. **Trinity Hospital & Heart Foundation** Near R V Teachers College,Basavanagudi, Bengaluru-560004
- Dr.Agrwals Eye Hospital (Represented by Dr.Agrwal's Healthcare Limited) No.33, Coles Road, Fraser Town, Bangalore-560005
- Focus Diagnostics Centre and Speciality Clinics No.1213,20th main Road, Rajajinagar, Bengaluru-560010

(12)

List of Private Hospitals empanelled under CGHS, Bengaluru as on 21-11-2016

SI. No.	Name of the Hospitals	Address & Tel. No.	NABH Accredited /
1	Fortis Hospitals Limited Fortis Hospitals Limited No 14, Cunningham Road Cunningham Road Bangalore -5600 (w.e.f 17/11/2014) Contact No 080-41994498/080-419 manish.mattoo@fortishealthcar		Non-NABH NON NABH
2	Imperial Hospital and Research Centre(Apollo) (w.e.f 17/11/2014)	Imperial Hospital and Research Centre Itd(A unit of Apollo hospitals, Bangalore 154/11, Opp. IIMB-B, Bannerghatta Roa Bangalore -560076. Tel:080-26304034/3 bharath_I@apollohospitals.com	d,
3	KIMS Hospital & Research Center (w.e.f 25/03/2015	KIMS Hospital & Research Center K.R. Raod, V.V. Puram, Bengaluru Ph. No. 080-26624870 kimshospitalbangalore@gmail.com	NON-NABH
4	Mallya Hospital (w.e.f 25/03/2015)	Mallya Hospital No 2 Vittal Mallya Road Bangalore 560001. Ph: 080 22277979 kanchan.sanyal@gmail.com	NABH
5	Narayana Hrudayalaya (w.e.f 25/03/2015)	Narayana Hrudayalaya No. 258/A, Bommasandra Industrial Area, Hosur Road, Bangalore - 560 099 Ph no 080-71222222 mohan.kumar@nhhospitals.org	NABH
6	P D Hinduja Sindhi Hospital (w.e.f 17/11/2014)	P D Hinduja Sindhi Hospital no 12th A cross sindhi Hospital Road Sampangiramnagar Bangalore 560027. PH:080-49030303, 080-49060605 jyothikm@hindujasindhihospit	
7	Sagar Hospitals Banshankari (w.e.f 25/03/2015)	Sagar Hospitals Banshankari Shavige Malleshwara hills Kumaraswamy Layout Banashankari Bangalore 560078. Ph no:080-4299 9999 91894 padhu_74@yahoo.com	NON NABH and NABL

8	Sagar Hospitals Jayanagar (w.e.f 25/03/2015)	Sagar Hospitals Jayanagar No 44/54 30th cross Tilaknagar Jayanagar Ext Bangalore 560041 Ph no: 080-4288 8550 padhu_74@yahoo.com	NABH
9	Sri Shankara Cancer Hospital & Research Centre (w.e.f 25/03/2015	Sri Shankara Cancer Hospital & Research Centre (A unit of Sri Shankara Cancer Foundation) 1st Cross, Shankarapuram, Basavanagudi, Bengaluru-560004. Ph. no. 080-26981065 madhurisandy@gmail.com	NON- NABH
10	Vydehi Institute of Medical Science & Research Centre (w.e.f 25/03/2015)	Vydehi Hospital, #82, EPIP Area, Whitefield, Bangalore 560066. Ph. No: 08028413381/82/83 info@vims.ac.in	NON NABH
11	HealthCare Global Enterprises Ltd. (w.e.f 17/02/2016)	Health Care Global Enterprises Ltd. No.8, HCG Towers, P. Kalinga Rao Road, Sampangiram Nagar, Bangalore-560027 Ph:080-40206000, 080-40206065, M. 9341307646 Fax No: 080-22485962 www.hcgoncology.com	NABH
12	MS Ramaiah Memorial Hospital (w.e.f 17/02/2016)	MS Ramaiah Memorial Hospital MSRIT Post, MSR Nagar Bengaluru-560054 Ph: 080-23608888, 080-23609999 Fax: 080-22183276 contact@msrmh.com	NABH
13	Sparsh Hospital A unit of Shiva & Shiva Orthopaedic Hospital Pvt. Ltd (w.e.f 17/02/2016)	Sparsh Hospital A unit of Shiva & Shiva Orthopaedic Hospital Pvt. Ltd 29/P2, Health City, Bommasandra Industrial Area, Hosur Main Road, Bengaluru-560099. Ph: 080-33271000/99 Fax: 080-33271111/2 info@sparshhospital.com	NABH
14	Fortis Hospitals Limited (w.e.f 21/11/2016)	Fortis Hospitals Limited No. 154/9, Bannerghatta Road Opposite IIM Bangalore Bengaluru-560076	NABH

Ph: 080-66214444 Fax:080-66214242

care.bng@fortishealthcare.com

COORDINATION COMMITTEE OF CENTRAL GOVERNMENT PENSIONERS' ASSOCIATIONS, KARNATAKA (R)

(Regd. under the Karnataka Societies Registration Act 1960: Regn. No. 1070/98-99)
212, "Kaveri", 7th 'A' Main, Hampinagar, Bengaluru-560 104. E-mail: cccgpabangalore@gmail.com

K.B. Krishna Rao, Chairman
Ph: 23230545 M. 9483467750

S. Radhakrishna General Secretary
M: 9448880921

O.M. Bhaskaran Treasurer M: 23451578

News from Affiliates

Defence Accounts Department Pensioners' Association, Bengaluru

The Association had arranged a "gettogether" of not only, Members of the Association but also DAD Pensioners who are yet to enrol themselves as Members of the Association on 27th December 2016 at DAD Multipurpose Hall . Pensioners' Day' was also observed on the day. A good number of Pensioners attended the meeting and took part in the deliberations.

Karnataka Income Tax Department Pensioners' Association, Bangalore

Pensioner's Day was celebrated at C.R.Building, Queens Road, Bangalore on 19th December, 2016. Office bearers and Central Working Committee Members of I.T.P.F. from all parts of the country attended the celebrations. National President /General Secretary of I.T.G.O.A./I.T.E.F., respectively were the Guest of Honour. Smt.Nutan Wodeyar, Principal Chief Commissioner of Income-tax, was the Chief Guest and Sri B.R.Balakrishna, D.G.I.T.(INV.), Sri Biswanath Jha C.C.I.T., and Sri Sandeep Goyal Addtnl C.I.T. (HQ) (Administration) also graced the occasion.

Shri R.B.Deshpande, president, welcomed the guests and members. He touched upon, briefly, issues relating to Pensioners. He stressed the need to improve health care facility in C.G.H.S. and non C.G.H.S. areas. He complimented the Administration in conducting the Pension Adalat and storage of service registers and pension papers at Bengaluru. Sri S.Ganesh Rao, Vice president, spoke about the significance of the PENSIONERS DAY.

Sri KKN Kutty, Secretary General, ITEF, gave a detailed report on the efforts made to bring all the Pensioners organization on a common platform to pursue common issues together. He touched upon the attitude of the Government in denying the benefits obtained through protracted litigation, and called upon serving employees and Pensioners to join for a combined struggle in alleviating the problems being faced.

Smt. Nutan Wodayar, Pr. CCIT and Chief and Guest expressed happiness on the activities of the Association and assured all possible help from the Administration.

Kum. Aditi B.Prahallad a child artist and recipient of Presidents Medal presented vocal recital "sugama sangeetha" which was enjoyed by all.

Sri G.Sreenivasa Setty, Jt. Secretary, while proposing vote of thanks complimented the Administration for the admiration received from the Hon'ble Prime Minister for unearthing black money after demonetization.

Central Government Pensioners' Association, Mysuru City, Mysuru

Observed Pensioners' Day on 25-12-2016 in the spacious venue at Sadvidya Patasala, Narayana Sastry Road, Mysuru. Dr. Sathyanarayana Rao, President of the Association presided. Sri S.Radhakrishna, General secretary, CCCGPA, Karnataka Bengaluru was the Chief Guest. The Chief Guest and Members of the Association aged 75 years were felicitated on the occasion. S/s K S R Sharma, Vice-president, Paramashivaiah, Secretary and M S Mohan, Treasurer were seated on the dais.

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Subscription received for Pensioners' Champion in DECEMBER 2016 - JANUARY 2017

Rs.120/- Smt./Sri	Rs.120/- Smt./Sri	Rs.150/- Smt./Sri	Rs.240/- Smt./Sri
99 H.S.Krishnamurthy Rao	1449 M.P. Sharma	S-201 Dowlath.L.Beley	129 T.V.Srinivasa Murthy
762 A.Sadananda	2059 V.Basavarajaiah	S-263 S.K.Nikumb	781 V.S.Balasubramanian
1118 N.K.Venkataramaiah	2237 N.Niranjan Phadke	S-264 S.A.Marathe	921 James George
1422 A.K.Ohri	2308 P.M.A.Dhanaraj	S-270 Annaiah	1840 V.R.Sridharan
1447 N.M.Hegde	2328 G.Kalaichelvan	S-305 B.R.V.murthy	1984 G.Prabhakar
1493 Munshilal Sinha	2348 B.V.Roopakala	S-306 R.V.Yadav	2035 K.Chandran
1503 R.Shankararamaiah	2349 Y.Venkateswarlu	S-307 M.Velayudhan	2143 B.S.Ramachandra
1527 T.Mani	Rs.125/- Smt./Sri	S-308 Gurubaksh Singh Pasricha	2347 M.R.Seshachar
1719 H.V.Gururaja	1822 B.S.Narayana Murthy	Rs. 180/- Smt./Sri	Rs. 360/- Smt./Sri
1734 Surendra Murthy		2137 D.Venkatesalu	652 K.Vasudeva Rao
1826 L.Periaswamy	Rs.130/- Smt./Sri		
1983 S.Shankar	S-127 R.Venkata Swamy	Rs. 200/- Smt./Sri	S-167 V.G.Patwardhan
1986 B.N.Gnanadeva Rao	Rs.150/- Smt./Sri	1306 S.Ethiraj	Rs. 600/- Smt./Sri
2021 V.Purushothama Achar	68 V.Nagabhushana Rao	1770 Lalitha Kalyanaraman	2303 M.R.Srinivas
	S-25 K.V.Ramana	2138 H.Ganesha	Rs. 1000/- Smt./Sri
	S-196 K.K.Varagiri	Rs. 220/- Smt./Sri	1884 Y.Jagannath
		113 A.C.Abdul Karim	1.Jayannan

OBITUARY

Sri C H Sridharachari LM - 2218 Retd. PRI (P) Jubilee HO, Hyderabad expired on 13-12-2016 at the age of 68 years.

Sri Veeranna LM - 1216 former General Manager, BSNL, Bangalore, expired on 1-1-2017 at the age of 72 years.

Sri K.Yellappa LM-1134 Retd. BCR Sorting Asst. Bg City RMS, expired on 18-1-2017 at the age of 72 years.

We convey our heartfelt condolences to the bereaved families

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